



BREAKFAST SERVED UNTIL 12PM
LUNCH ITEMS START AT 11AM

COFFEE & TEA

12oz/16oz/20oz

COFFEES

| | |
|---|----------------|
| SIP DRIP (One Refill) | 3.00 |
| CLASSIC CAKES COLD BREW (Local) | 4.00/4.59/5.00 |
| CACTUS LIQUOR CBD NITRO (Local) | 5.29/6.29/7.29 |
| SIP HOUSE NITRO (Local) | 4.29/5.29/6.29 |
| DOUBLE ESPRESSO | 3.29 |
| LATTE (HOT OR ICED) | 4.59/5.00/5.59 |
| MOCHA (HOT OR ICED) | 3.79/4.79/5.79 |
| CHAI LATTE (HOT OR ICED) (Add espresso shot "Dirty" +1.00) | 3.79/4.59/5.79 |
| AMERICANO (HOT OR ICED) | 3.29/3.79/4.79 |
| CLASSIC CAPPUCCINO (HOT) | 3.79/4.79/5.79 |
| CORTADO (HOT) | 3.59 |
| CUBANO (Cortado with sugar) | 3.59 |
| FRENCH-PRESS (Serves two) | 6.79 |
| KEVLAR COFFEE (Organic MCT oil with grass-fed butter - Keto friendly) Add shot +1 | 3.79/4.79/5.79 |
| CLASSIC CAKES COLD BREW GROWLER | 12/Refill 10 |
| CACTUS LIQUOR CBD COLD BREW GROWLER | 14/Refill 12 |
| SIP HOME BREW (12oz bag Ground or Whole bean coffee) 12 Sip Drip/14 Sip SIPspresso | |

TEAS

| | |
|---|----------------|
| TEAS Seasonal green or black and rotating botanicals (One Refill) 20oz | 3.79/32oz 4.79 |
| HOT TEA (Traditional Green, Fruited Green, Calming Chamomile, Fruited Herbal, Traditional Black, Earl Grey, Fruited Black) | 3.79 |
| MATCHA GREEN TEA (HOT OR ICED) | 3.79/4.79/5.79 |
| MATCHA GREEN TEA LATTE (HOT OR ICED) | 3.79/4.79/5.79 |
| ROTATING NITRO TEA | 3.50 |

ADD-ON'S

ADD SYRUP +.50
 Vanilla, SF Vanilla, Hazelnut, Caramel, SF Caramel, Mocha, White Chocolate, Agave, Honey, Lavender

ADD MILK ALTERNATIVE (almond or oat) +.50

PROTEIN SHAKES

Substitute plant protein +1.50

| | |
|---|------|
| SIP COFFEE & OAT | 6.59 |
| Chocolate protein, almond milk, banana, oats, honey, peanut butter and a shot of espresso | |
| STRAWBERRY BANANA | 6.29 |
| Vanilla protein, fresh strawberries, banana and almond milk | |
| CHOCOLATE PEANUT BUTTER | 6.29 |
| Chocolate protein, peanut butter and almond milk | |

RISE AND GRIND

CHICKEN HASH

Fresh red pepper, onion, jalapeno and garlic mix, shredded potato, and diced chicken **9.50**
 +1.00 ea. Bacon, Chorizo | +1.50 ea. Avocado, Sausage or Chicken Sausage

OG BREAKFAST BURRITO

Seasoned scrambled eggs, shredded potato, smoked cheddar, choice of bacon or chorizo **9.50**
 +1.50 Avocado, Sausage or Chicken Sausage

GARAGE BREAKFAST SAMMIE

Scramble egg, bacon, white cheese, spicy aioli on a brioche bun **8.50**
 +1.50 Avocado, Sausage or Chicken Sausage

HOMESTYLE BREAKFAST

2 eggs your way, choice of heartland grain or sourdough, side mix fruit **8.50**
 +1.50 Avocado, Sausage, Bacon or Chicken Sausage

AVO TOAST

Sourdough topped with house avocado mash, cherry tomato pesto blend, toasted pine nuts, and micro arugula **8.50**
 +1.50 egg your way | +1.50 Bacon | +1.00 GF Bread

CLASSIC EGG MUFFIN

White cheese, two delicious chicken patties, fried egg on toasted English muffin **7.50**
 +1.50 ea. Avocado or Sausage

BAGEL AND CREAM CHEESE

Choice of bagel: plain, everything or bagel of the week, with classic cream cheese, mixed berry jam and/or peanut butter **3.79**

OVERNIGHT OATS

Cold oats, almond milk, cranberries, chia seeds, and toasted pecans **6.60**

SIP SNACKS

All Items on Happy Hour pricing from 2pm-7pm Everyday

PIZZA

8" personal pizza, buttered fluffy crust, choice of cheese or pepperoni (No substitutions)
HH \$6 / \$8.29

BAKED CHICKEN BITES

Baked breaded wings tossed in our house hot sauce served with a signature cilantro lime ranch **HH \$6 / \$8.29**

CLASSIC CHIPS AND SALSA

Yellow corn tortilla chips with our house salsa (+) \$1.50 Avo mash and or beer cheese
HH \$4 / \$6.29

PRETZELS AND BEER CHEESE

3 soft buttered pretzel sticks, served with our house beer cheese and mustard blend
HH \$5 / \$7.29

QUESADILLA

Green chili chicken, grape tomato, melted blended cheese in a tortilla, topped with cilantro and side house salsa +\$1.50 Bacon and or Avocado **HH \$5 / \$8.29**

SIP SALADS

Make any salad as a wrap +\$1

SPINACH & GOAT CHEESE

Spinach and mixed greens topped with strawberries, goat cheese, and toasted pecans. Served with our house raspberry vinaigrette **9.59**

+3 Chicken

+1.50 Bacon or Avocado

CLASSIC CAESAR

Romaine lettuce, croutons, grated parmesan cheese, and our house made Caesar dressing **8.50**

+3 Chicken

+1.50 Bacon or Avocado

HOUSE PASTA SALAD

Red pepper, onion, black olives, cucumber, julienned jalapeno, feta cheese mixed with fusilli pasta and house Italian dressing **7.50**

(No modifications) +3 Chicken

+1.50 Bacon or Avocado

FAVORITES

Gluten-Free Bread and/or Wrap +\$1

MAC AND CHEESE PLEASE

Fusilli pasta, house-made 3-cheese blend, topped with parmesan panko mix **9.59**
 +2 Chicken | +1.50 Bacon and/or Jalapeno

ROAST BEEF SANDWICH

Shaved roast beef, tomato, romaine, onion, and our house dijonaise on heartland grain served with kettle chips or fruit **10.00**

+1.50 Side salad

TURKEY BLT

Shaved turkey breast, bacon, mixed greens, tomato and avocado mash on heartland grain and mayo served with kettle chips or fruit **11.00**

+1.50 Side salad

GRILLED CHEESE

Buttered sourdough bread, toasted with Havarti, smoked cheddar cheese **8.29**

+1.50 Avocado and/or Bacon | +2.00 Chicken

VEGGIE WRAP

Hummus, cucumber, mixed greens, tomato, red onion, and feta with a red wine vinaigrette in a tortilla served with kettle chips or fruit **9.59**

+1.50 Side salad

*Eggs are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.